



THE TAUTOKO RANGATAHI Times

UPCOMING EVENTS:

#BeFitKids Classes - Every Monday, Wednesday and Friday during the school term, 4pm - 5pm

End Cohort 2 2019
5th July 2019

AGM
23rd July, 7.30pm
Community Centre
Hall Lounge

Start Cohort 3 2019
22nd July 2019

Cohort 2 is at a close and we are already looking forward to Cohort 3. This year is rushing past us!

We've seen some exciting things happen this Cohort. The highlights have to be watching some of our #BeFitKids competing for the first time.

We had 2 #BeFitKids complete and submit scores for the New Zealand Nationals Qualifier. While we are still awaiting official results, preliminary results for the Nationals Qualifier appear to have Laela finishing in 9th position in the 14-15 year old girls, and Xavier finishing in 12th in the 14-15 year old boys. It's been amazing watching you both compete, especially through some very challenging workouts! Congratulations to you both.

Riley-Jay and Treyjahn still have two workouts to go in their partner online competition, Too Fit 2 Quit. Although the entries in this competition are less, and these two are on their own in the M/F under 15 year old division, they are putting in 110% effort and managing some huge results so far. Well done to you both.

End of Cohort 2 Showcase

With Cohort 2 coming to a close, we will be holding a showcase as part of the final night of Cohort 2. Parents, sponsors and supporters are all invited to come and see our #BeFitKids perform for you. Please join us from 4pm - 5pm on Friday 5th July at 3B Fitness Club (behind Anderson's Pie Shop, access through carpark between Hurrell's and Anderson's)

Annual General Meeting

Tautoko Rangatahi Trust is about to hold our second AGM. We are expecting to introduce some new members to our current line up which will mean more exciting times ahead for Tautoko Rangatahi Trust and what we can bring to our Youth.

We'd love to see you all at our AGM, we look forward to hearing your feedback about our program and your ideas for our future! Please join us on Tuesday the 23rd July, 7.30pm at the Hawera Community Centre Hall Lounge.

Fundraising

As normal, we have order forms at 3B Fitness Club for our ongoing Nothing Naughty Bar fundraising. If you would prefer to order online, please feel free to contact us by email or through Facebook to place an order. \$25 per box of 10 or \$2.50 per bar.

We still have a few 3B Branded Bags and Keyrings available for \$10 each. Again please contact us or use the order form at 3B Fitness Club to order yours before they sell out. Once they're gone, they're gone!

We are working on several smaller fundraising activities, we will send out information as details become available

#BeFitKids July Athlete Profile

Name: Theo

Age: 11

How long have you been a part of the #BeFitKids: **Two terms**

What was your reason for joining the #BeFitKids:

To get stronger in general, and for football.

What have you gained from the #BeFitKids Program:

Lifting techniques, new movements, and meeting new people.

What's your proudest moment as a #BeFitKid:

Being able to do handstand push-ups and being better than my Mum at pull-ups

Photo 1: Theo



Photo 2: #BeFitKids Cohort 2 Xavier & Charlie



A HUGE THANK YOU TO OUR COHORT 2 SPONSORS



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