

# THE TAUTOKO RANGATAHI Times



## UPCOMING EVENTS:

#BeFitKids Classes - Every Monday, Wednesday and Friday during the school term, 4pm - 5pm

End Cohort 3  
27th September 2019

Start Cohort 4  
14th October 2019

I know we say it all the time, but we really do have some amazing kids in this program. Watching these children achieve and surpass their goals, both physically and emotionally is just such a special feeling. They each continue to strive for greatness and betterment of themselves. It really is a privilege to be a part of their journey, thank you so much for including us!

Our program is proving to be super popular, and as such, we do have children wait-listed for placements. We do appreciate the patience of those awaiting placements, and as soon as we can offer your children a space, we will be in contact.

### End of Cohort 3 Showcase

With Cohort 3 coming to a close, we will be holding a showcase as part of the final night of Cohort 3. Parents, sponsors and supporters are all invited to come and see our #BeFitKids perform for you. Please join us from 4pm - 5pm on Friday 27th September at 3B Fitness Club (behind Anderson's Pie Shop, access through carpark between Hurrell's and Anderson's)

### Annual General Meeting

Tautoko Rangatahi Trust held our AGM on Tuesday the 23rd July at the Hawera Community Centre Hall Lounge. We were very excited to see such great support from our community with all the smiling faces in attendance.

Appointments were made for 2019/20, they are:

- **Chairperson:** Nicky Hughes
- **Treasurer:** Marti Evans
- **Secretary:** VACANT
- **Designated Person for Child Protection (DPCP):** Emma Broughton
- **Trustees:** Brendon Mackay, Marti Evans, Nicky Hughes, Nicky Maeda
- **Committee Members:** Brendon Mackay, Campbell Mason, Emma Broughton, Ken Maeda, Marti Evans, Nicky Hughes, Nicky Maeda, Sarah Neyens

We do have a current Vacancy for our Secretary position. If you are interested, please contact us for further information.

### Thank you

A huge thank you to Ballance Kapuni and their Safety Cross initiative for the generous Donation made to us in late 2018. With this donation, we have purchased 2 pairs of Squat Rack Arms for the #BeFitKids to utilise while lifting. Also a huge thank you to Jesse Güetta for modifying these to safely & Securely fit on to the 3B Fitness Club's rig.

### #BeFitKids September Athlete Profile

Name: Keegen

Age: 11

How long have you been a part of the #BeFitKids: Two Cohorts

What was your reason for joining the #BeFitKids: To get Fit

What have you gained from the #BeFitKids Program:

I have gotten stronger and my fitness has gotten better

What's your proudest moment as a #BeFitKid:

Being able to do pull-ups and lift weights

Photo 1: Keegen



Photo 2: Laela trialling the Squat Rack Arms



### A HUGE THANK YOU TO OUR COHORT 3 SPONSORS



Tautoko Rangatahi Trust  
Registered Charity #CC55600

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